



**Commitment, Respect and Responsibility**

**Dates to remember**

**Mon 18th to Thur 21st March**

Book Fair

**Friday 15th March**

PSSA Touch Football Trials

**Wednesday 20th March**

Harmony Day Celebrations

Newcastle Knights Knockout

U10s

**Thursday 21st March**

Book Club Orders Close

**Friday 22nd March**

Cross Country

**25th Mar– 5th April**

NAPLAN practise test online

**Tuesday 2nd April**

Zone Cross Country

**Friday 12th April**

Easter Hat Parade

Last day Term 1

**Term 2**

**Monday 29th April**

Staff Return

**Tuesday 30th April**

Students return

ANZAC Day Assembly

**Thursday 2nd May**

PUPs Program starts

**Friday 3rd May**

Newcastle Knights Opens

**Wednesday 8th May**

P&C Meeting 6pm

**Friday 10th May**

Mothers Day Breakfast and Stall

**Thought of week**

*If your ship doesn't come in,  
swim out to it.*

**Jonathan Winters**

# Metford Public School

13 Melaleuca Drive, Metford 2323

Ph: 4933 2655

## Principals Lunch Week 7

Principals Lunch this week was for showing – Commitment by Complying with requests from all staff. Congratulations to Tayden, Tahlia, Millie, John, Ashton, Zane, Caleb, Sapphire, Harmoni, Osten, Paige, Malakai, Marlee, Aaliyah, Jordel, James, Cohen, Jarryd.

Next weeks focus is - Commitment –Right place, right time.



## Tell Them From Me Survey

This term our students in years 4,5 and 6 have an opportunity to participate in a confidential survey that will give us valuable information about what these students think about school life, how they participate in school activities and the ways teachers interact with them.

Later in the year, teachers and parents will be asked to participate in a similar survey.

Families with students in years 4,5 and 6 will receive about the survey and will be able to opt out if they don't want their child /children to participate. If there is no opt out note, students will be completing the survey at the end of March through to early April.

## Voluntary Contribution

In order to assist the school in providing resources for your children, each family is asked to contribute \$30.00 per year, for the first child, \$25.50 for the second, with a maximum of \$55.50 per family.

This contribution is not compulsory, nor does it intend to impose a financial burden on families. However, it would be appreciated that if you could provide the amount asked that it be paid at the beginning of each year or upon enrolment.

Eftpos and online payment facilities are available for payment of monies. Parent on Line payments (POP) can be done via the school website: <https://metford-p.schools.nsw.gov.au/> by clicking on the "Make a payment" icon.

# Newsletter Term 1 Week 7

## Moving Into Year 7 In 2020 Forms

Information guide and expression of interest forms for parents and carers were sent home last week, its very important that these forms are to be signed and sent back to school by 19th March.

## Stewart House Donation Envelopes 2019

Stewart House donation envelopes went home today, Stewart House supports the 1,700 children who attend Stewart House each year from public schools across NSW and ACT, all families that donate go into the draw to win a \$4000 holiday to a destination of their choice.

- Place a \$2 coin or equivalent in the envelope
- Complete entry details on the back
- Return the envelope to school to be eligible for the draw.

## Foyer Display

5T and 4P have been creating exciting artworks in H2 block.



## MRAG Maitland Regional Art Gallery

Miss King and Mrs Collier took Xali and Aaliyah to MRAG Maitland Regional Art Gallery on Friday, 8th of March. We joined other schools from the local area to discuss the preparation of the space for the upcoming JAECG/MRAG art exhibition titled Stories from Wonnarua Country. The exhibition will be open to the public on June 29th -13th October 2019.



# Newsletter Term 1 Week 7

2019 Term 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
EVERY WEEK		Drum Corp -Yrs 3 to 6, 9 till 9.30 K to Yr2 9.30 to 10am ----- Student Banking -----  School Assembly 2pm	Principals Lunch		
Wk 8 18th-22nd March	Book Fair	Book Fair	Book Fair  Harmony Day Newcastle Knights Knockout U10s	Book Fair	Cross Country
Wk 9 25th-29th March					
Wk 10 1st-5th April		Zone Cross Country			
Wk 11 8th-12th					Easter Hat Parade Last day Term 1

2019 Term 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
EVERY WEEK		Drum Corp -Yrs 3 to 6, 9 till 9.30 K to Yr2 9.30 to 10am ----- Student Banking ----- School Assembly 2pm	Principals Lunch	PUP's	
Wk 1 29th Apr-3rd May	Staff Return	Students Return  ANZAC Assembly			Newcastle Knights Opens
Wk 2 6th May-10th May			P&C meeting 6pm		Mothers Day Breakfast & Stall
Wk 3 13th May-17th May		AECG St Josephs Lochinvar  NAPLAN Starts			

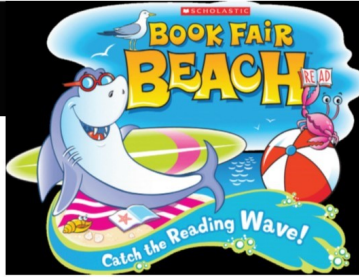


## HARMONY DAY

**When:** Wednesday 20th March 2019

**Open Classrooms:** 10 - 11am

Come dressed in  
orange or yellow  
and bring a gold coin as a  
donation to Stewart House



**PICNIC LUNCH** 11 - 11.45am

BYO your own lunch  
or  
order from our canteen.

**Parents and Visitors are invited to enjoy a coffee from Rocky Café and visit our Book Fair 9 - 10am.**

Parents and Visitors invited to bring their children to the Book Fair in the library. All classes will be given time to visit the book fair throughout the day.

Join us for a whole school  
Harmony Day photo on  
the oval after lunch.



## Good for Kids good for life

### WHAT ARE FUNDAMENTAL MOVEMENT SKILLS?

Fundamental movement skills are the building blocks for movement. They are the skills which children need to participate successfully in all types of games, physical activities and sports. Examples of these skills can be frequently seen in popular games and activities played by children in the school playground.

These twelve skills represent a solid foundation for the development of specialised skills, enabling children to participate in a wide range of physical activities. They are:

1. Static balance
2. Sprint run
3. Vertical jump
4. Catch
5. Hop
6. Side gallop
7. Skip
8. Overarm throw
9. Leap
10. Kick
11. Two-hand strike
12. Dodge



Source: GET SKILLED GET ACTIVE  
A K-6 resource to support the teaching of fundamental movement skills  
NSW Department of Education and Training 2010.



Health  
Hunter New England  
Local Health District

HNELHD-GoodForKids@hnehealth.nsw.gov.au  
<http://www.goodforkids.nsw.gov.au/>

## EASTER DONATIONS

Easter is fast approaching, and our Easter Hat Parade is happening on Friday 12th April.

We are asking families if they could make a small donation of easter eggs to go towards our raffle prizes.

A **Donation Box** will be placed in each classroom and a prize given to the class with the most donations each week.

We would appreciate it if all donations could be in by Monday 8/4/19.

Thank you for your continued support.  
**Metford Public School P&C**



## ATTENTION

Our **PUPS** program will be starting in term 2.

This year PUPS will be on **Thursdays** from  
9am - 11am in our school library.

Information and an enrolment form is available by coming to our school office or phoning our staff on 49332655.