



Commitment, Respect and Responsibility

Dates to remember

Tuesdays -School banking

-Assembly 2pm

Wednesdays– Principals Lunch

Playgroup 9am-10am

Thursdays– Drum Corp

Thursdays—Aboriginal Dance

Fridays -PUPs 9am– 11am

Term 4

**Monday 29th October till
9th November**

Swim Scheme

Friday 16th November

2019 Kinder Expo

Friday 23rd November

2019 Kinder Interviews

Tuesday 27th November

Presentation Day

Friday 30th November

2019 Kinder Interviews

Friday 7th December

Carols Under The COLA

Wednesday 12th December

Year 6 Farewell

Tuesday 18th December

Year 6 Assembly

Thought of week

"I am master of my fate,
The captain of my soul"

Invictus Games Sydney
2018

Metford Public School

13 Melaleuca Drive, Metford 2323

Ph: 4933 2655

League Tag Day for years 5 & 6 students has been cancelled due to predicted hot weather.

Congratulations to Lilly Web who received her Gold Wings on Tuesday. Lilly is always showing our school values of commitment, respect, responsibility and is a great support to our students and staff. She always has a smile and kind words to offer to everyone, making us all smile back in return.



This award is the highest award in our School's Positive Behaviour for Learning system and has taken many years of learning and citizenship to achieve. Lilly joins students, who are now in high school, in gaining this honour.

Principals Lunch Recipients for Respect - Safe hands and feet- Kayleigh, Madison, Aleigha, Jayden, Ruby, Kevin, Jarmia, Jordan, Daneil and Alexander.

Next weeks focus is Respect- Being polite and well mannered.



Newsletter Term 4 Week 3

SCHOOL CALENDAR

2018 Term 4	Monday	Tuesday	Wednesday	Thursday	Friday
Every Week		Student Banking	Principals Lunch		PUPs 9.00am-11.00am
		School Assembly 2.00pm	Possums Playgroup 9.00am- 10.00am	Drum Corp 1.40pm Aboriginal Girls Dance Group 1.40pm	
	Swim Scheme	Swim Scheme	Swim Scheme	Swim Scheme	Swim Scheme
Wk3 Oct 29th –2nd Nov			MHS 2019 Yr 7 Info Night 6pm Book Club orders close		2019 Kinder Transition 9am-11am
Wk4 Nov 5th– 9th	Swim Scheme	Swim Scheme MHS Jumpstart	Swim Scheme	Swim Scheme	Swim Scheme
Wk5 Nov 12th-16th					2019 Kinder Expo
Wk6 Nov 19th-23rd					2019 Kinder Interviews
Wk7 Nov 26th -30th		Presentation Day 10am			2019 Kinder Interviews
Wk8 Dec 3rd-7th					Carols Under The COLA
Wk9 Dec 10th– 14th			Year 6 Farewell		
Wk10 Dec 17th– 21st		Year 6 Assembly	Students Last Day of School		

NOTES AND PAYMENTS DUE

Yearly School Contribution		First Child \$30.00 Or \$55.50 for family.
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Head lice

Mechanical removal or 'comb and conditioner' method

What you need for this method:

- Normal comb to detangle hair prior to using metal lice comb
- Fine toothed metal lice comb (available from your local chemist or online)
- Conditioner - buy a cheap brand as you will be needing a lot of it, and preferably one that is white to make spotting the lice easier
- White paper towel

Mechanical removal involves applying conditioner to dry hair. Cover all of the hair with conditioner, detangle hair with normal comb and separate into sections. Then, using a fine long toothed metal lice comb, comb through the hair in sections. The conditioner does not kill lice but stuns them for about 20 minutes enabling easier removal. The long toothed metal comb will remove nits and the stunned head lice. Wipe the comb on a white tissue and check for any lice or nits. Keep combing until no more appear on the tissue. This method should be done every second or third day until no nits and lice remain, usually about 7 to 10 days. Please see the explanation below for more detailed guidance. This method is the preferred way to detect and treat head lice because it is effective, does not contribute to insecticide resistance in head lice and also presents a low risk of skin irritation. This method also helps manage head lice before they become established on the head. Simply keep a good head lice comb in the shower and every time your family washes their hair use the fine comb through the hair. This will ensure lice are "caught" before they lay too many eggs. If your children are old enough to wash their own hair encourage them to use the comb themselves. Or keep a comb handy to where you wash your children's hair and use it every shampoo.

Chemical removal

What you need for this method:

- Normal comb to detangle hair prior to using metal lice comb
- Chemical treatment containing synthetic or natural insecticides that kill head lice (talk to your local pharmacist to identify the treatments containing insecticides)
- Fine toothed metal lice comb (available from your local chemist or online)
- White paper towel

If you choose to use a chemical treatment, remember to follow the instructions carefully. You will also need to comb through the hair to ensure the treatment is working. If you find dead lice it means the product has worked. If you find live lice, the treatment has not worked. Don't be tempted to re-apply or over-apply the same chemical if it doesn't appear to be working. Instead switch to another treatment that uses a different chemical compound or use the 'comb and conditioner method' as described under the mechanical removal. It is very important that you repeat the chemical treatment in seven days to kill any newly hatched eggs as most chemical treatments will not kill the eggs (nits).

Once your child is free of lice and nits, remember to regularly check with a fine toothed head lice comb and conditioner as described above. Early detection and treatment will prevent re-infestation of other family members and classmates.

Newsletter Term 4 Week 3

Positive Behaviour For Learning

The following students are recognised this week for achieving a PBL award.

Dark green wristband— Jarmia-Maree

Rocky Badge— Ashton.

Dark green and white wristband— Elijah, Brody & B-Jay

Gold wings— Lilly



100% Attendance Awards

Congratulations to Hali, Ava, Harmonie, Cayden, Jasmine, Zee, Nate, Balun, Emilee and their families on 100% attendance in term 3. Students enjoyed afternoon tea with Mrs Pilgrim and Mrs Watt.

#everydaycounts



Foyer Display

Library

Kindergarten, Year 1 and Year 2 have been reading **fiction** and **non-fiction** books about Hippopotamuses.

We made a hippopotamus and imagined what it would be like to have a hippo or something else living on our roof! We learnt how to draw a hippo and learnt many interesting facts about them. Year 1 and Year 2 learnt how to record their facts and Kindergarten learnt how to label their drawing of their hippopotamus.

Stage 2 has been reading the text **The Elephant by Peter Carnavas**. The main character Olive loves her back yard and high up in the jacaranda tree is her thinking spot. The author used descriptive language that helped us to visualise this important setting in the text.

Stage 3 have been reading the text **How to Bee by Bren Mac Dibble**. This book was chosen as the **book of the year** in the **young reader's category** during Book Week this year. In small groups the students had to imagine, design, draw and construct the farm shed that Peony, Gramps and her sister Mags live in.

They used descriptions from the text about how their shed was made from whatever they could find lying around on the farm.

They work on the farm and in return are feed and given their shed to live in.



Come and share your ideas for a better park

SUNDAY 4 NOVEMBER

11.00AM - 1.00PM

All welcome. Join in with kids activities and games.

maitland
city council

your say

Willow Drive Park, Metford

WHAT

We would like to hear about your thoughts for Willow Drive Park. What realistic ideas have you got for improving it? How can we work with you to make it a space the community uses lots and is proud of?

WHY

It is your local park so we want to know what you want to see in the space. It's important your voice is heard and your practical ideas are shared. This is a positive opportunity to influence your parks future.

WHO

All community members of all ages are invited to join us on Sunday 4 November.

Please note there will be no amenities available on site. Accessible entrance is via a kerb ramp and path (grass is uneven in some parts).



For more information please contact **Jessica Elliott** on 02 4934 9700
communityteam@maitland.nsw.gov.au





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